

# Welcome to My Word!

Where we exist to empower children to live whole, healthy, and happy lives - together



### Table of Contents

- 01 Welcome
- 02 Mission
- 03 Vision
- 04 Values
- 05 The company
- 06 Your role
- 07 Our process
- 08 A final note

## Welcome!

We can't wait to work with you

Welcome to My Word! We are so grateful to have you join us. We hope you feel encouraged, supported and uplifted to help your child achieve their goals.

We have a big vision here at My Word. Inside this welcome booklet you will find details about our vision, our company, the support we provide, and what you can expect from us.



We exist to empower children to live whole, healthy, and happy lives - together

### Vision

My Word Speech Therapy has a vision to provide high-quality allied health services that are accessible to children living in regional, rural, and remote Australia.

The work we do with children helps bring together their support networks and set them up to live whole, healthy, and happy lives together.

We want to be accessible for children and their families. We want to be able to provide a place of education and support, and see children empowered, encouraged, and lifted up to achieve their goals.

Brene Brown has this wonderful quote, "Connection is why we're here. We are hardwired to connect with others, it's what gives purpose and meaning to our lives, and without it there is suffering." This research demonstrates the importance of empowering children to have the skills to connect with others and do life with others, all while achieving their own personal goals.



When we think about the impact we have from the work we do with families the following statements ring true.

We see a world where:

- Every child's needs are met
- Families feel supported to achieve their goals
- Children are able to have the skills they need to live life with others
- High-quality therapy is accessible to all, particularly those living in regional, rural, and remote locations
- Children and their families have access to the therapy services they need. A service that not only sees them as an individual, but shows them how their individuality is valued and can be supported to flourish and grow.

### Values



#### Communication

We bring clarity and peace with our words



#### Innovation

We are creative and continuously adapt to provide more efficient and effective services for clients



**Integrity** We do everything with honour, trust, and respect



**Teamwork** We work together in a way that lifts others up



Kindness

We show others compassion and listen when they talk



**Fun** We bring joy to everything we do

### The Company

My Word Speech Therapy is a paediatric allied health service providing therapy to children aged 0-18 years of age.

We have a mix of allied health professionals that work together to provide a team-based therapy approach. Some of the therapists on our team include, but are not limited to:

- Speech Pathologists
- Occupational Therapists
- Allied Health Assistants
- Key Workers

We also liaise closely with external health professionals to bring a great team around our clients. So if we do not have the therapy team required inhouse, we also refer to and liaise with professionals from other organisations.

Our therapy approach is one that provides real impact. We work with families to create functional and meaningful goals for children and their families. This significantly impacts the way we deliver therapy as we aim to help children get their goals met in a timely manner. We want to create change for families that is impactful and longlasting.

The locations we provide therapy sessions include:

- In-clinic at our beautiful rooms
- At the child's school
- In the child's home
- Via telehealth
- In the community

We provide these different options to assist each individual to have access to services and to ensure their therapy is functional so they are able to generalise their skills across all environments.





### Your Role

How we support you

MR.BUN By Roger Langerson

We are committed to supporting you to build your child's skills and independence. We recognise that you know your child better than anyone else, and are such an integral and valued member of their therapy team.

We will work with you, giving you the tools and information you need to help your child achieve their goals. Our approach ensures your child continues learning far beyond their therapy sessions and that change is long-lasting. We work closely with your support networks to coordinate meaningful therapy. Our team are supportive, fun and engaging.

#### How we set you up for success

- Comprehensive assessment
- Collaborative goal setting
- We provide high quality, evidence based therapy.
- Flexible appointment times that suit your family's lifestyle.
- Surrounding you with a therapy team who will support you and cheer you on.
- Help you learn therapy approaches, and teach you various strategies so you are confident to carry out home practice with your child.
- Regular access to an experienced team so you can ask as many questions as you need.
- And many more!

### **Our Process**

#### Intake

You will receive forms to fill out. These forms are important as they help us get to know you, and the types of services your child requires. We want to ensure we are matching your child's needs to the correct Allied Health Professional. If we think our service is not the right fit for your child, we may recommend alternative services.

#### Assessment

An assessment will be carried out by a Speech Pathologist, Occupational Therapist, or Key Worker. Following an assessment, you will receive an assessment summary or report and recommendations for therapy.

Therapy

Therapy plans are written by our Speech Pathologists and Occupational Therapists and implemented by our team of skilled Allied Health Assistants. Our Allied Health Assistants are flexible and readily available to provide therapy at your child's home or school.





#### A final note...

Thank you for choosing My Word Speech Therapy and allowing us to make a difference in the life of your child and family. It's such a pleasure to be able to support you and we can't wait to work with you and get to know you better.

We pride ourselves on having an accessible and helpful team. If there is ever anything you are not sure about our you would like some additional support, please reach out to a team member and they will be happy to help you out.